

# Whole-Home Baby Proofing Checklist

Room-by-room safety priorities for every area of your home

50 items across 6 sections

## Living Room

Most babies learn to pull up, cruise, and carry objects through the living room first. That makes it the room where stable-looking furniture and familiar routines need the biggest rethink.

- Attach foam corner protectors to coffee tables and TV stands.
- Anchor tall furniture like bookshelves and dressers to the wall.
- Cover all accessible electrical outlets.
- Secure loose cords from blinds, lamps, and electronics.
- Remove small decorative items and batteries from low surfaces.
- Anchor bookshelves, dressers, and televisions.
- Wind or secure blind cords and lamp cords out of reach.
- Add corner guards to sharp tables, hearths, and media stands.
- Cover unused outlets and keep power strips behind furniture.

Learn more: [nestproofai.com/rooms/living-room](https://nestproofai.com/rooms/living-room)

## Kitchen

Children are drawn to kitchens because there is constant movement, interesting sounds, and cabinets full of objects they can reach and repeat-open every day.

- Install child-proof locks on all low cabinets and drawers.
- Use stove knob covers to reduce accidental burner activation.
- Move cleaning supplies to high or locked cabinets.
- Keep knife blocks and sharp utensils out of reach.
- Store appliance cords away from the edge of counters.
- Install locks on low cabinets and drawers.
- Use stove knob covers and secure the oven door if needed.
- Move cleaners, alcohol, dishwasher pods, and sharp tools out of reach.
- Keep appliance cords, tablecloths, and hot items away from edges.

Learn more: [nestproofai.com/rooms/kitchen](https://nestproofai.com/rooms/kitchen)

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## Bathroom

A bathroom can go from routine to dangerous very quickly because the room is small, slippery, and full of products adults use every day without thinking twice.

- Install a toilet lock to help reduce drowning risk.
- Use anti-slip mats in the tub and on the floor.
- Store medications and cleaners high or in locked storage.
- Use faucet or spout covers where hard edges are exposed.
- Keep the bathroom door controlled when the room is not in use.
- Use a toilet lock and keep the bathroom door controlled.
- Store medications and cleaners high up or locked.
- Add a spout cover and non-slip surfaces near the tub.
- Check water temperature and never rely on quick reactions around water.

Learn more: [nestproofai.com/rooms/bathroom](https://nestproofai.com/rooms/bathroom)

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## Stairs & Doors

Transition spaces often feel temporary, but that is exactly why they get overlooked. A well-placed gate or door control changes the safety of the whole floor plan.

- Use wall-mounted gates at the top of stairs.
- Use pressure-mounted gates only where the location and product instructions allow it.
- Install lever locks or pinch guards on unsafe rooms and high-traffic doors.
- Check nearby furniture so children cannot climb around gates.
- Keep stair landings clear of toys and trip hazards.
- Anchor bedroom furniture and use window locks or guards where appropriate.
- Install approved child gates at the top and bottom of stairs.
- Use wall-mounted hardware at the top of stairs.
- Add pinch guards or lever locks to doors leading to unsafe spaces.

Learn more: [nestproofai.com/rooms/stairs-doors](https://nestproofai.com/rooms/stairs-doors)

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## Electrical Safety

Electrical safety is easy to postpone because the solutions look small, but cords, power strips, chargers, and outlets often appear in every room your child uses.

- Cover all unused outlets with plug covers.
  - Use outlet box covers for outlets with cords plugged in.
  - Secure loose electrical cords with clips or covers.
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- Keep power strips behind furniture or in locked covers.
- Replace frayed cords and remove broken electronics promptly.

Learn more: [nestproofai.com/rooms/electrical](https://nestproofai.com/rooms/electrical)

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## Bedroom

Bedrooms are often assumed to be calmer spaces, but they contain some of the heaviest furniture in the house and plenty of climbable surfaces around windows and dressers.

- Anchor dressers, bookshelves, and TVs to the wall.
- Install window locks or guards where appropriate.
- Use door controls to limit access to unsafe rooms.
- Keep blind cords out of reach.
- Remove small items and choking hazards from low surfaces.
- Anchor bedroom furniture and use window locks or guards where appropriate.
- Install approved child gates at the top and bottom of stairs.
- Use wall-mounted hardware at the top of stairs.
- Add pinch guards or lever locks to doors leading to unsafe spaces.

Learn more: [nestproofai.com/rooms/bedroom](https://nestproofai.com/rooms/bedroom)

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