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# Room Quick-Check Cards

One page per room — print, walk, and check

30 items across 6 sections

## Living Room

The living room is one of the most common areas for baby injuries because it mixes tip-over risks, cords, heavy furniture, and everyday clutter in the room families use most.

- Attach foam corner protectors to coffee tables and TV stands.
- Anchor tall furniture like bookshelves and dressers to the wall.
- Cover all accessible electrical outlets.
- Secure loose cords from blinds, lamps, and electronics.
- Remove small decorative items and batteries from low surfaces.

Learn more: [nestproofai.com/rooms/living-room](https://nestproofai.com/rooms/living-room)

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## Kitchen

The kitchen contains some of the most serious hazards in your home, from hot surfaces to toxic cleaners and sharp utensils, so access control matters more than convenience.

- Install child-proof locks on all low cabinets and drawers.
- Use stove knob covers to reduce accidental burner activation.
- Move cleaning supplies to high or locked cabinets.
- Keep knife blocks and sharp utensils out of reach.
- Store appliance cords away from the edge of counters.

Learn more: [nestproofai.com/rooms/kitchen](https://nestproofai.com/rooms/kitchen)

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## Bathroom

Bathrooms combine water hazards, hard surfaces, medicines, and cleaning products in one compact room, which is why access control matters so much here.

- Install a toilet lock to help reduce drowning risk.
- Use anti-slip mats in the tub and on the floor.
- Store medications and cleaners high or in locked storage.
- Use faucet or spout covers where hard edges are exposed.
- Keep the bathroom door controlled when the room is not in use.

Learn more: [nestproofai.com/rooms/bathroom](https://nestproofai.com/rooms/bathroom)

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## Stairs & Doors

Falls on stairs are a leading cause of childhood injuries, and doors add pinch, slam, and off-limit-room access risks that get worse as toddlers move faster.

- Use wall-mounted gates at the top of stairs.
- Use pressure-mounted gates only where the location and product instructions allow it.
- Install lever locks or pinch guards on unsafe rooms and high-traffic doors.
- Check nearby furniture so children cannot climb around gates.
- Keep stair landings clear of toys and trip hazards.

Learn more: [nestproofai.com/rooms/stairs-doors](https://nestproofai.com/rooms/stairs-doors)

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## Electrical Safety

Electrical hazards sit at exactly the right height for curious fingers, and simple outlet and cord fixes can dramatically lower everyday risk.

- Cover all unused outlets with plug covers.
- Use outlet box covers for outlets with cords plugged in.
- Secure loose electrical cords with clips or covers.
- Keep power strips behind furniture or in locked covers.
- Replace frayed cords and remove broken electronics promptly.

Learn more: [nestproofai.com/rooms/electrical](https://nestproofai.com/rooms/electrical)

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## Bedroom

Bedrooms present tip-over risks from dressers and bookshelves as well as window, cord, and doorway hazards that grow once children begin climbing.

- Anchor dressers, bookshelves, and TVs to the wall.
- Install window locks or guards where appropriate.
- Use door controls to limit access to unsafe rooms.
- Keep blind cords out of reach.
- Remove small items and choking hazards from low surfaces.

Learn more: [nestproofai.com/rooms/bedroom](https://nestproofai.com/rooms/bedroom)

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